



Inequality  
Question

# Take on your

# Inequality Challenge!

What Can I do  
about the poverty  
and the inequality  
I see around me?



Do you want to take action  
against poverty, inequality,  
violations of rights and injustice?

Are you looking for a  
new and different way  
to raise awareness on  
inequality issues?



# Choose your Inequality Challenge!

How does the inequality  
challenge work?



1. Choose the inequality you want to explore
2. Look at some of our suggested challenges or inequality debates for inspiration
3. Pick a challenge and when to do it during April
4. Invite your friends to join you
5. Discuss and spread the word about what you are doing so you become a catalyst for change!

*'Inequality means  
watching others eat  
clean food on a plate  
as you go through the  
rubbish bin'*

Brian, Uganda aged 12





# Some examples from last year...

I wanted to challenge **gender inequality** in Uganda and so I asked **women to make all my decisions** for me for one week!



Read more about Sam's challenge here: <http://bit.ly/2kaPGIL>

I wanted to show the **importance of your community and your support networks** in leading a dignified human life. I fully **relied on others** to live for a week!



Read more about Kyle's challenge here: <http://bit.ly/2kcgMtJ>

I wanted to **raise awareness** about what **identity** might mean to a **child on the streets**. I gave up my identity for a week and tried to **think more deeply about the inequalities** you might face because of this.



Read more about Nicola's challenge here: <http://bit.ly/2kaTPMJ>

I wanted to make sure I **did something special** to raise awareness of hunger around the world. I decided to **live off only £1 per day** for a week.



Read more about Naomi's challenge here: <http://bit.ly/2kFiEeR>

## Other ideas...

### KINDNESS CHALLENGE

Being as kind to strangers as you might be to your friends/ family



### CHILD DECISION MAKER

Let a child make all your decisions for a week

## What to do?

Think about your challenge taking inspiration from these examples or using your imagination.

Choose a week in April when you will take on your challenge.

Tell S.A.L.V.E. International your choice of challenge and when you will be doing it so they can support you, through this website:

<http://inequalityquestion.com/challenge/>

Plan how you will spread the word about your challenge i.e. through blogging, social media and meeting others.

S.A.L.V.E. International is a charity based in UK and Uganda, which supports children living on the streets in Uganda by giving them the chance to return home to their families and re-enter education.

Among other projects, S.A.L.V.E. supports the child led Inequality Question/ Challenge project to encourage people to be more curious about inequality and try to find solutions to create change.





# Why take on a challenge?

## FIRST

It will be a **reflective experience** for you! Some challenges can be hard to undertake for an entire week but they will help you to better understand yourself.

*'Inequality means living on the streets while your friends live at home'*

Mariam, Uganda aged 15

## SECOND

Second, your Inequality Challenge will give you the opportunity to better understand **themes such as inequality, poverty and injustice issues**.

## THIRD

By sharing about your challenge, you will **create awareness about inequality**, giving a positive and original example to other people.

## CREATE MORE CHANGE!

You can also **choose to fundraise** by signing up at <http://bit.ly/2mORirU>.

People can support you by sponsoring you. The money you raise will help more children to stop living on the streets in Uganda.

